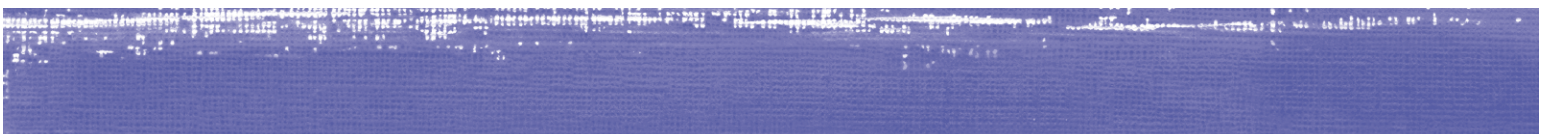


WHO
DO YOU
SAY THAT
I AM?

LISTENER'S GUIDE

by BECKY HARLING

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WELCOME!

Hey Friend, I'm so excited you've decided to join me for the video teaching for *Who Do You Say That I Am?* Honestly, I had so much fun recording this series and can't wait for you to join in.

Jesus Christ is the most compelling person who ever walked the face of the earth. As you watch the videos, my prayer for you is that you will encounter Him in new ways, that you will fall more deeply in love with Him, and that you will completely surrender every area of your life to Him.

Before you get started, here are a few things you need to know.

I'm a storyteller. As I teach you're going to notice that I tell lots of stories. When you're watching you might think, "How am I supposed to take notes on this?" Don't worry—I've put the main points in the Listening Guide in case you get wrapped up in the stories and forget to take notes. But if you want to take notes there are places provided for you to do that.

Throughout the series, you're going to hear me say, "Open your Bibles." That's because I actually want you to watch the videos with an open Bible so that as I am teaching on certain passages you can be making notes in the margins of your Bible. At different points, I may ask you to circle certain phrases. Those phrases are important and hopefully, God will use them in your life.

Some of the videos call for a response on your part. When you hear me call for a response—that's not just for the audience in the video—that's for you too. So, respond.

If you need prayer, lean into the community that you're watching the videos with. As you watch the videos together, my prayer for you is that you'll be transformed.

—Becky

A crisis of faith can at times be beneficial. Why?

God first introduced Himself to Moses as I AM (Exodus 3). Years later, Jesus came and stirred up the religious leaders by identifying Himself with I Am statements. | *Turn to John 4*

Why Do We Feel Guilty?

TRUE GUILT

If you've sinned remember: **S.A.M.**

S—State out loud your sin.

A—Ask forgiveness of the Lord (1 John 1:9).

M—Make amends.

FALSE GUILT

“Shame-Filled Shoulds”

What are your “Shame-filled Shoulds”?

CREATE AN EMERGENCY VERSE KIT:

- 2 Corinthians 7:10–11
- Romans 8:1
- 1 John 1:9
-
-
-

If you are dealing with ongoing guilt, who could you confide in to receive prayer for letting go of your shame?

How did God speak to you personally through this video?

Additional Notes:

Many of us may know that God loves us in our heads, but how do we push that love from our heads down into our hearts?

Turn to John 6:1–15, 35

HOW DO YOU GET THE MESSAGE OF GOD’S LOVE FROM YOUR HEAD DOWN INTO YOUR HEART?

1. Reprogram Your Mind With Scripture
2. Celebrate Communion
3. Take a Walk
4. Listen to Worship Music
5. Use Your Imagination

The divine ache in your heart can only be filled with:

Jesus continually takes us and _____ us, _____ us, and _____.

EPHESIANS 3:14–19

What did God speak to you personally through this video?

Additional Notes:

SESSION 3 | I AM the Good Shepherd—John 10:10

Our fear blocks our ability to _____ Jesus.

Turn to John 10

FOUR THINGS YOU CAN COUNT ON FROM THE GOOD SHEPHERD TO QUIET YOUR FEAR.

1. He Is the Gatekeeper
Who is the gatekeeper of your mind?
2. He Knows Your Name
3. He Has Gone Before You into Tomorrow
4. He Provides Abundant Life

What if an abundant life is a _____ life lived on _____ for Him?

TWO WEAPONS TO USE WHEN YOU FEEL FEARFUL—PSALM 23:4

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-

What did God speak to you personally through this video?

Additional Notes:

Most of the I Am statements are rooted in what Old Testament book?

Jesus will always lead you out of _____.

Turn to John 8

The feast of tabernacles was a celebration of what great event in Israel's history?

What was Jesus claiming in John 8:58?

Psalm 139:9–12, “Even There”

WHEN LIFE FEELS DARK:

- 1.
- 2.
- 3.

CHALLENGE: MATTHEW 5:14

Jesus was the light of the world, and now He calls you to be _____.

What did God speak to you personally through this video?

Additional Notes:

Our faith journey is often like crossing a _____.

God is able to resurrect your broken dreams.

Turn to John 11

SOMETIMES IN OUR LIVES, GOD FEELS ALOOF TO OUR SUFFERING.

Look at John 11:21 and 32 in your Bible, and circle the words, “If you had been here.” These are “if only” statements. Both Mary and Martha said “if only!” When life crumbles our immediate response is often “if only.” What are the “if only” statements in your life?

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-
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In verse 26, Jesus asks the most pivotal question. What was His question?

Look at John 11:35 in your Bible and circle “Jesus wept.” We have a Jesus who crawls into our suffering and sorrow when life doesn’t make sense!

STEPS TO STRENGTHEN YOUR FAITH

- 1.
- 2.
- 3.
- 4.

What did God speak to you personally through this video?

Additional Notes:

Turn to John 5:1–9

What powerful question did Jesus ask the lame man?

John 8:32

_____ and _____ go hand in hand.

John 14:16–17

Who is the Spirit of truth?

There can be no healing without facing the truth.

HOW TO HAVE A SPIRIT-LED SELF-MANAGEMENT MEETING FIVE QUESTIONS TO ASK YOURSELF:

- 1.
- 2.
- 3.
- 4.
- 5.

Where in your life do you need to face the truth?

What did God speak to you personally through this video?

Additional Notes:

All of us face feelings of inadequacy. Jesus gave us the answer to our worries over feeling inadequate in the message of the vine.

Turn to John 15

Write down the distinctions between:

ACHIEVING

ABIDING

What was the impossible task Jesus gave to the disciples? **Matthew 28:19–20**

LESSONS FROM THE VINE

1. Stop _____.
2. Cultivate _____.
3. Discover _____.

You are _____ (John 15:16) and _____ (1 John 2:20).

4. Redefine _____.

God won't call you to something you feel completely adequate for because He wants you to depend on Him.

What did God speak to you personally through this video?

Additional Notes:

Living a life of worship is your primary calling.

Turn to Revelation 1:17–18

What was John's response when He encountered Jesus as the living one?

REVELATION 1:12–18

Describe the scene in Revelation 7:9...

Why did God invite us to worship Him?

1. Worship helps _____.
2. Worship calms _____.
3. Worship opens our ears _____ (Acts 13:2).
4. Worship defeats _____.

What did God speak to you personally through this video?

Additional Notes: